

••• 1st curATime Career Day for Junior Scientists •••

Monday, 10th of March – University Medical Center Mainz

Program

08:30 – 09:00 **Welcome & Registration**

09:00 – 09:15 **Welcome Session**

Prof. Dr. Johnny Kim, curATime Spokesman
Dr. Cathrin Nourse, curAEducate Project Leader

09:15 – 14:00 **Workshops (incl. Coffee break, lunch)**

Workshop 1: The art of engaging small talk (Paul Rost)
Workshop 2: Transferrable Skills for Career Planning (Frau Lode - ProSciencia)

14:15 – 15:00 **Wrap up and Consensus Discussion**

15:00 – 15:25 **Coffee Break**

15:25 – 15:40 **Impulse lecture**

Creative Thinking: Your Secret Weapon for Career Success (Paul Rost)

15:40 – 17:10 **Panel Discussion - Career Pathways for Scientists**

Dr. Christina tom Suden (Life Science Zentrum Mainz (LZM))
Dr. Konstantin Bob (Mondata - AI Start-up/ Industry)
Dr. XiaoXing Qing (BioNTech - Industry)
Dr. Laura Bindila (Young Group Leader/Academia)

17:10 – 17:15 **Closing Remarks**

Workshop 1: The art of engaging small talk (Paul Rost)

The workshop aims to equip early-career researchers with essential skills for effective performance management and strategic networking. Participants will learn the art of asking deep, engaging questions and discover best-practice techniques for small talk and creating a pleasant conversation atmosphere. *Workshop goals:*

- Performance Management for Early-Career Researchers Within and outside the research sector
- The Art of Asking Creative and Engaging Questions Extraction and expansion principles for questions, examples of deep questions
- The Principle of Reciprocity in Small Talk and Networking Creating a pleasant conversation atmosphere
- Random Facts, Exciting Information, Inspirational Content Examples of fresh and creative conversation topics
- Best-Practice Techniques and Tips for Strategic and Sustainable Networking
- The TOP 10 Best-Practice Techniques for Casual and Winning Small Talk

Workshop 2: Transferable Skills for your Career (Dr. Imke Lode – ProSciencia)

What are transferable skills and what kind of transferable skills are asked for by employers/ in which kind of professional and academic fields and jobs? Workshop goals:

- Determine what you like/ dislike in your current work and what you wish to continue.
- Analyze the professional activities you have carried out and the transferable skills you have acquired.
- Assess how these skills match your strengths and weaknesses, and decide which skills to develop further.
- Outline how to use your skills, experiences, and strengths to stand out in job applications.

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